

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CRISPY CRUST BEEF & CHEESE PIZZA	CHICKEN SAUSAGE	ROAST CHICKEN BREAST WITH GRAVY	BEEF LASAGNE	JUMBO FISH FINGERS
VEGETARIAN MAIN MEAL	CHEESE TOMATO PIZZA	VEGGIE SAUSAGE	CAULIFLOWER, SWEET POTATO & CHICK PEA CURRY, RICE	MEXICAN STYLE ROASTED VEGETABLE QUESEDILLA	BROCCOLI PEPPER FRITTATA
JACKET POTATO	BAKED BEANS	CHEESE	TUNA MAYO	CHEESE	BAKED BEANS
SALAD	MIXED SALAD	MIXED SALAD	MIXED SALAD	MIXED SALAD	MIXED SALAD
CARBS	PIZZA	MASH POTATO	ROAST POTATO	PASTA	CHIPS
VEGETABLES	SALAD	GARDEN PEAS	TRIO OF FRESH VEGETABLES	SWEETCORN & CARROTS	GARDEN PEAS
DESSERT	FRUIT/YOGURT	STICKY JAM PUDDING WITH CUSTARD	WINTER FRUIT OATY CRUMBLE WITH CUSTARD	APPLE CAKE WITH CUUSTARD	ICE CREAM

